

2023

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26	27	28	29	30	1	2
3 19u30 Circuit: Ward	4	5 19u Full Body: Ward 19u30 30' Core: Ward 20u FT: Ward	6 19u boks: Nicholas 20u pilates: Nina	7	8 9u30 Full Body: Ward	9
10 19u30 Circuit: Ward	11	12 19u Full Body: Ward 19u30 30' Core: Ward 20u FT: Ward	13 19u boks: Nicholas 20u dance workout: Pauline	14	15 9u30 Full Body: Ward	16
17 19u30 Circuit: Seb	18	19 19u Full Body: Ward 19u30 30' Core: Ward 20u FT: Ward	20 19u pilates: Nina 20u15 boks: Max	21	22 9u30 Full Body: Ward	23
24 19u30 Circuit: Seb	25	26 19u Full Body: Ward 19u30 30' Core: Ward 20u FT: Ward	27 20u dance workout: Pauline	28	29 9u30 Full Body: Ward	30
31 19u30 Circuit: Ward	1	2	3	4	5	6